

Partial List of Suicide Prevention Resources for Commonwealth Approved SAP Training

GO TO: www.payspi.org Pennsylvania Youth Suicide Prevention Initiative

American Association of Suicidology: A membership organization for all those involved in suicide prevention and intervention, or touched by suicide; a leader in the advancement of scientific and programmatic efforts in suicide prevention through research, education and training, the development of standards and resources, and survivor support services.

American Association of Suicidology Issues Reviews of Suicide Prevention Videos: In response to requests for recommendations for appropriate suicide prevention videos for different audiences. **Check out the video list** of “recommended,” “recommendations with minor reservation,” and “not recommend

American Foundation for Suicide Prevention: Engages in groundbreaking research, new educational campaigns, innovative demonstration programs and critical policy work; expanding assistance to people whose lives have been affected by suicide, reaching out to offer support and offering opportunities to become involved in prevention.

Centers for Disease Control and Prevention (CDC): Promotes health and quality of life by preventing and controlling disease, injury, and disability. Federal agency of the Department of Health and Human Services. Includes information about suicide prevention.

Injury Control Research Center for Suicide Prevention (ICRC-S): center-without-walls that promotes a public health approach to suicide prevention through a collaborative process of research, outreach, and education; emphasizes the connections between injury prevention practitioners, suicide prevention practitioners, and researchers to advance an inclusive approach to suicide prevention.

Jana Marie Foundation empowers young people, especially young women in their teens, to make positive choices, practice self-respect and maintain healthy relationships by providing opportunities for personal growth and self-expression. Through active community engagement and programs like **The Stompers Project**[®] and **Candid Conversations** video series, JMF works to promote mental health and prevent suicide in schools and communities.

STAR-Center Services for Teens At Risk (STAR-Center) is a program that combines clinical and outreach services designed to combat the problem of adolescent suicide. Our mission is to offer state-of-the-art,

responsive care for youth and their families with depression, anxiety, or who are at risk for suicidal behavior, to train other professionals in best practices, and to make these practices better through continued research.

Suicide Prevention Resource Center: Provides prevention support, training, and resources to assist organizations and individuals to develop suicide prevention programs, interventions and policies, and to advance the National Strategy for Suicide Prevention.

The **Best Practices Registry** (BPR) is a collaboration of the Suicide Prevention Resource Center and the American Foundation for Suicide Prevention. The BPR contains evidence-based (i.e., based on scientific research) practices for suicide prevention (**Section I** listings), as well as programs that include (1) guidance and recommendations created by experts or consensus processes (**Section II** listings); and (2) programs, practices, and policies that have undergone review to assess whether the content is accurate, safe, likely to meet specified objectives, and consistent with standards of program design (**Section III** listings). A number of education and training programs are listed on the BPR. Because the BPR is updated with new programs regularly, we have elected not to list them all here. However, here are a few to check out.

Society for the Prevention of Teen Suicide: Started in 2006 by two fathers who had lost teenaged children to suicide. Core values: Passionate commitment to the value of life; belief in the effectiveness of evidence-based suicide prevention strategies; dedication to removing public stigma about suicide; conviction that accurate information and education about suicide can save lives. Includes sections for teens, parents and educators.

LGBT YOUTH

The Trevor Project: The leading national organization providing crisis intervention and suicide prevention services to lesbian, gay, bisexual, transgender, and questioning youth. The Trevor Project also holds a chatroom that is staffed by mental health clinicians. Check the website for times and details.

GLSEN - Gay Lesbian Straight Education Network want every student, in every school, to be valued and treated with respect, regardless of their sexual orientation, gender identity or gender expression. We believe that all students deserve a safe and affirming school environment where they can learn and grow. GLSEN accomplishes goals by working in hallways across the country -- from Congress and the Department of Education to schools and district offices in the local community -- to improve school climate and champion LGBT issues in K-12 education.

Anti-Stigma - Student Voice

[Aavidum](#)'s goal is to create a positive mental health environment, a culture of "I Got Your Back" in schools and communities across the nation by forming Aavidum chapters and by empowering youth. The Aavidum message is delivered creatively through a series of student-generated materials, interactive displays, high-energy assemblies, community events, music, artwork, stories, and PSAs, etc.

[Love is Louder](#) was started by [The Jed Foundation](#), MTV and Brittany Snow to support anyone feeling mistreated, misunderstood or alone.

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The [Minding Your Mind Foundation](#) leads initiatives that reduce the stigma associated with mental health issues among adolescents in middle school, high school and college. Their outreach programs enlighten students, families and educators about the warning signs of mental health issues that are so often masked by adolescent behavior. By promoting open dialogue at school and at home, these programs encourage young adults and families to seek the appropriate help.

Social Networking Resources

[Lifeline Facebook Page](#) (for those who are members of Facebook).

[Lifeline YouTube Channel](#): Contains public service announcements (PSAs) and suicide prevention media.

Bullying

[The Relationship Between Bullying and Suicide: What We Know and What it Means for Schools](#) The Centers for Disease Control and Prevention(CDC) and other violence prevention partners and researchers have invested in learning more about the relationship between these two serious public health problems with the goal of using this knowledge to save lives and prevent future bullying.

Webinar, [Bullying and Suicide Prevention](#), February 2012

Many schools and communities are struggling to find effective ways to prevent both bullying and suicidal behavior among youth. This webinar provides the latest research and science on the relationship between bullying and suicide and will outline some of the shared risk and protective factors. The webinar also discusses the main principles of a comprehensive whole school approach to bullying prevention

